

**MEETH is located on 210 East 64th Street, between 2nd and 3rd Avenue.**

### **Using Public Transportation**

#### **Bus**

- Take the M101 or M102 bus on Lexington Avenue (downtown) or Third Avenue (uptown) to 64th Street
- Take the M15 bus on First Avenue (uptown) or Second Avenue (downtown) to 64th Street.

#### **Subway**

- Take the #6 local train to 68th Street Station
- Take the #6 local train or #4 or #5 express train to 59th Street Station

### **Driving Directions**

#### **From The Bronx or Westchester**

- Take the Major Deegan Expressway (NYS Thruway, I-87) southbound to Triborough Bridge to Manhattan. Take FDR Drive southbound to 63rd Street exit. Continue on 63rd Street and turn right on Third Avenue. Make a right on 64th street.

#### **From Brooklyn or Staten Island**

- Cross the Brooklyn Bridge or go through the Brooklyn Battery Tunnel. Take FDR Drive northbound to 61st Street exit. Continue westbound on 61st Street to Third Avenue. Make a right turn onto Third Avenue. Make a right on 64th Street.

#### **From Queens or Long Island**

- Cross the Triborough Bridge. Take FDR Drive southbound to 63rd Street exit. Continue on 63rd Street and turn right on Third Avenue. Make a right on 64th street.
- Take the Queens Midtown Tunnel westbound to Third Avenue. Make a right turn onto Third Avenue. Take Third Avenue northbound to 64th Street. Make a right turn onto 64th Street.

#### **From New Jersey**

- Cross the George Washington Bridge to Harlem River Drive/FDR Drive. Take FDR Drive southbound to 63rd Street exit. Continue on 63rd Street and turn right on Third Avenue. Make a right on 64th street.

#### **From Connecticut**

- Take the New England Thruway (I-95) southbound to Cross Westchester Expressway (I-287). Take lefthand exit for NYS Thruway (I-87) southbound, and continue on Thruway to the Triborough Bridge to Manhattan. Take FDR Drive southbound to 63rd Street exit. Continue on 63rd Street and turn right on Third Avenue. Make a right on 64th street.

#### **Flying to New York**

Manhattan Eye, Ear and Throat Hospital is easily accessible from LaGuardia, Kennedy and Newark Airports. Taxi service and airport shuttle buses are available at most airline terminals.